**NOBLE PARK SECONDARY COLLEGE**

**YEAR \_\_\_\_\_ HEALTH/PHYSCAL EDUCATION**

***STUDENT SELF ASSESSMENT & REFLECTION SHEET***

**UNIT:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Homegroup:\_\_\_\_\_\_\_\_**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **LEARNING OUTCOMES** | **START** | | | | | | **FINISH** | | | | | |
| **Plan unit timeline** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Develop research skills in the given topic** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Display knowledge of subject area** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Discuss issues related to the topic** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Develop understanding of related issues** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Apply acquired knowledge** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **STUDENT LEARNING FRAMEWORK** | **START** | | | | | | **FINISH** | | | | | |
| **Being prepared for all classes** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Being prepared to learn in all classes** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Taking responsibility for my own learning** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Reflect on my effort and understanding** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Follow-up if I am absent in class** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |
| **Set time aside to study and do homework** | **0** | **1** | **2** | **3** | **4** | **5** | **0** | **1** | **2** | **3** | **4** | **5** |

**Student Reflection – What I did well, not so well and need to improve.**

**Student Learning Goals – What I will do to achieve my best in this unit.**